



Preparing for a hydrotherapy treatment session

We want to make your sessions here at Tudor Hydrotherapy Centre as relaxed and enjoyable as possible for you and your pet and so here is a bit of information about how to prepare for and what to expect at a treatment session. If you have any further questions please give us a call or send us an email.

Remember that your pet should not be fed for 2 hours prior to the treatment session and to give them the opportunity to go the toilet before they come in to the centre. Please ensure you clean up after your pet. Please make sure that your pet is suitably restrained using a collar or harness and carrier or lead.

If your pet is vomiting, has diarrhoea or increased lameness then please contact us to re-arrange their session to a time when they are feeling better.

During the session

There is ample parking at the centre and on entering the centre you will be met in our reception area by one of our experienced and friendly hydrotherapists and they will take you and your pet through the treatment area.

At your first session, your pet will be familiarised with the surroundings whilst our therapist will have a chat with you to find out more about you and your pet and why you have come to see us.

Once your pet is ready to start treatment they will be fitted with a suitable harness and have a warm shower to warm up their muscles and prepare them for their treatment session. At their first session, we will spend time getting them used to the water treadmill. They will hear unfamiliar noises such as the opening and closing of the treadmill doors and the noise of the water as the treadmill fills and empties and we will ensure they are comfortable with that before starting treatment. We have treats and toys to use to help put your pet at ease.

Initially the time your pet spends in the treadmill will be relatively short and is usually gradually increased in response to your pet's response to treatment.

After their time in the treadmill they will be showered and towel dried ready for you to take them home.

After each treatment session

You should make sure that your pet is kept warm on the journey home from the centre, with either a fleece blanket, towel or robe. We strongly advise that your pet wears a coat on the way home in colder weather. We recommend that you do not feed your pet for at least 2 hours after their session.

You should ensure that you monitor your pet and make us aware of any increased lameness, stiffness or if they are overly tired after a session. Your pet will not require any further exercise on the days they have hydrotherapy treatment.

We keep your Vet informed of your pet's progress